

YMCA of The Northern Sky Aquatics Center Schedule

Summer Part 2: July 14 - Aug 21

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday																																																																																																																																																								
	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth	Lap Pool	Small Pool	Zero Depth																																																																																																																																																						
5am	Lap Swim 6 lanes 5 - 8:30a		Open Swim 5-6a	Lap Swim 6 lanes 5 - 9a	Open Swim 5-8a		Lap Swim 6 lanes 5 - 8:30a		Open Swim 5-8a		Lap Swim 6 lanes 5 - 9a		Open Swim 5-6a		Lap Swim 6 lanes 5a - 8am		Open Swim 5-6a	Aquatics Center Opens at 6am						5am																																																																																																																																																			
6am			Hydro Conditioning 6-7a										Hydro Conditioning 6-7a				6am																																																																																																																																																										
7am			Open Swim 7-8a										Open Swim 7-9a				Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Lap Swim 6 lanes 5 - 10a	Open Swim 6a-6p	Open Swim 6a-6p	7am																																																																																																																																																					
8am			Hydro Conditioning 8-9a																			Aqua Class* 2nd Sat 8-9a	8am																																																																																																																																																				
9am	Water in Motion 8:30- 9:30a	Lap Swim 3 lanes 8:30- 9:30a	Swim Lessons 9-11:30a	Swim Lessons 9-11:30a		Swim Lessons 4 lanes 9-11:30a	Water in Motion 8:30- 9:30a	Lap Swim 3 lanes 8:30- 9:30a	Swim Lessons 9-11:30a		Swim Lessons 4 lanes 9-11:30a	Lap Swim 6 lanes 9a-12p		Childcare Swim 9-10:30am	Open Swim 6a-6p	Open Swim 9a-6p	Open Swim 6a-6p	Open Swim 6a-6p	Open Swim 6a-6p	Open Swim 6a-6p	9am																																																																																																																																																						
10am	Swim Lessons 4 lanes 9:30- 11:30a	Lap Swim 2 Lanes 9:30- 11:30a					10am																																																																																																																																																																				
11am	Camp Swim 2 Lanes 11:30a- 1:30p	Lap Swim 4 Lanes 11:30a- 1:30p					Hydro Conditioning 11:30-12:30p	Open Swim 11:30-1:30p													Open Swim 5a- 9:30p	Open Swim w/rock wall 2 lanes 11:30- 1:30p	Lap Swim 4 Lanes 11:30a- 1:30p	Hydro Conditioning 11:30-12:30p	Open Swim 11:30-1:30p	Open Swim 5a- 9:30p	Swim Lessons 4 lanes 1:30-7p	Lap Swim 2 Lanes 1:30-7p	Swim Lessons 1:30-7p	Open Swim w/rock wall 2 lanes 10a-6pm	Lap Swim 4 lanes 10a-6p	Open Swim w/rock wall 2 lanes 10a-6pm	Lap Swim 4 lanes 10a-6p	Open Swim 6a-6p	Open Swim 6a-6p	11am																																																																																																																																							
12pm							Open Swim 12:30-1:30p																													Open Swim 12:30-1:30p	12pm																																																																																																																																						
1pm	Swim Lessons 4 lanes 1:30-7p	Lap Swim 2 Lanes 1:30-7p	Swim Lessons 1:30-7p	Swim Lessons 4 lanes 1:30-7p		Swim Lessons 4 lanes 1:30-7p	Lap Swim 2 Lanes 1:30-7p	Swim Lessons 1:30-7p	Swim Lessons 4 lanes 1:30-7p		Swim Lessons 4 lanes 1:30-7p	Lap Swim 2 Lanes 1:30-7p	Swim Lessons 1:30-7p	Open Swim w/rock wall 2 lanes 2-8:30p	Lap Swim 4 lanes 12-8:30p	Open Swim 12:30p-8:30p	Open Swim 6a-6p	Open Swim 9a-6p	Open Swim 6a-6p	Open Swim 6a-6p	1pm																																																																																																																																																						
2pm																					Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim 8-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p	Open Swim w/rock wall 2 lanes 7-9:30p	Lap Swim 4 Lanes 7-9:30p