

## YMCA of The Northern Sky Aquatics Center Schedule Summer Part 1: June 9 - July 13 2025

Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday									
Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth	Lap Pool		Small Pool	Zero Depth						
5am	Lap Swim 6 lanes 5 - 8:30a		Open Swim 5-6a	Lap Swim 6 lanes 5 - 9a		Open Swim 5-8a		Lap Swim 6 lanes 5 - 8:30a		Open Swim 5-8a			Lap Swim 6 lanes 5 - 9a		Open Swim 5-6a		Lap Swim 6 lanes 5a - 8am		Open Swim 5-6a		Aquatics Center Opens at 6am												
6am																					Hydro Conditioning 6-7a		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p
7am	Open Swim 7-8a		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
8am	Hydro Conditioning 8-9a													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
9am	Water in Motion 8:30- 9:30a		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
10am	Lap Swim 2 Lanes 9:30- 11:30a													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
11am	Swim Lessons 9-11:30a		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
12pm	Camp Swim 2 Lanes 11:30a- 1:30p													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
1pm	Lap Swim 4 Lanes 11:30a- 1:30p		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
2pm	Swim Lessons 1:30-7p													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
3pm	Swim Lessons 1:30-7p		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
4pm	Swim Lessons 1:30-7p													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
5pm	Swim Lessons 1:30-7p		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
6pm	Swim Lessons 1:30-7p													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
7pm	Deep Hydro 3 lanes 7-8p		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
8pm	Open Swim w/rock wall 2 lanes 7-9:30p													Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p									
9pm	Lap Swim 4 Lanes 8-9:30p		Lap Swim 6 lanes 5 - 10a	Open Swim 6a-8a	Aqua Class* 2nd Sat 8-9a	Open Swim 6a-3p	Lap Swim 4 lanes 10a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Open Swim 9a-3p	Open Swim w/rock wall 2 lanes 10a-3pm	Lap Swim 4 lanes 10a-3p	Open Swim 6a-3p	Open Swim 6a-3p																				
Aquatics Center Closes at 8:30pm																																	
Aquatics Center Closes at 9:30pm																																	