

YMCA of the Northern Sky 2025 School Age Summer Child Care Unlock Your Y!



Throughout the summer, kids will explore themes of identity, purpose, and personal interests. The program will challenge them to ask themselves, “What makes me feel excited?” and “Why do I care about these things?” By engaging in a variety of activities, field trips, and special guests, kids will connect with their individual passions and gain a deeper understanding of how those passions can guide their future choices and actions. Whether it’s sports, art, science, or helping others, the YMCA summer program will encourage kids to embrace their uniqueness and understand the importance of following their inner motivations.

You Know Me, I Know You!

- This week will be all about building trust, friendship, and understanding among the kids. Through a variety of icebreakers, group activities, and team-building exercises, children will have the chance to learn more about themselves and each other. The goal is to create an inclusive atmosphere where kids feel comfortable sharing, listening, and connecting with their peers.

Yard Adventures

- Throughout this week, kids will embark on a series of interactive activities designed to help them observe, explore, and understand the natural world. They’ll learn about the plant and animal kingdoms, engage in outdoor adventures, participate in eco-friendly crafts, and discover the importance of sustainability and environmental stewardship. By the end of the week, kids will have a greater sense of wonder for nature, as well as practical knowledge about how to care for the environment.

Yummy Creations

- This week will be filled with hands-on activities, cooking challenges, and fun lessons about food and nutrition. Each day, kids will get the chance to create a variety of dishes, ranging from snacks and desserts to full meals, while also learning about the science behind cooking, food safety, and cultural food traditions. By the end of the week, kids will have gained valuable life skills, a sense of accomplishment, and a newfound love for cooking.

Young Artists

- Throughout the week, kids will have the opportunity to explore various art forms, learn about famous artists and their works, and create their own masterpieces. Each day will feature a different artistic medium, technique, or theme, encouraging kids to experiment and think outside the box. By the end of the week, they will have built a collection of their

own artwork, gained an understanding of art history, and developed their confidence as young artists.

Yee Haw

- This week will immerse kids in the history and lifestyle of the American frontier, focusing on the unique aspects of life in the Wild West. The kids will participate in themed activities that explore cowboy skills, pioneer life, Native American culture, and the adventures of the Wild West. Through art projects, role-playing, games, and historical exploration, children will gain an appreciation for this

You Are a Star

- The goal of Talent Week is to foster an environment where kids can feel proud of their skills, embrace new challenges, and appreciate the diverse talents of their peers. Through workshops, fun challenges, and talent showcases, children will gain confidence in their abilities, learn to appreciate the talents of others, and develop new skills. By the end of the week, kids will have a greater understanding of their own potential and the many ways talent can be expressed.

Your Future

- This week will focus on exploring different professions and the importance of skills like communication, problem-solving, and creativity in the workforce. The goal is to expose kids to a wide range of careers while helping them think about their own strengths and interests. Through hands-on activities, career role-play, guest speakers, and group projects, kids will gain insight into the diverse opportunities available in the working world.

Yes, We Can!

- This week will provide children with opportunities to take part in service projects, engage in community-building activities, and develop a deeper understanding of social responsibility. The goal is to instill in kids the idea that even small actions can make a big difference, and that working together to help others is a rewarding and important part of being an active community member.

Your All-Star Week

- This week is all about building teamwork, developing sports skills, and having fun with physical activity. Through games, challenges, and friendly competitions, kids will learn how to work together, support each other, and celebrate both individual and group achievements. Activities will include classic team sports like soccer, basketball, and relay races, along with non-traditional games that emphasize creativity and cooperation.

Y Sky

- This week is all about exploring two of the most fascinating topics for kids—weather and outer space. Kids will dive into weather patterns, climate, and storms, and they'll learn about the planets, stars, and galaxies. Through hands-on experiments, crafts, and creative activities, children will discover how weather works on Earth and what lies beyond our planet.

Yikes!

- Throughout the week, kids will take part in engaging, easy-to-understand science experiments designed to spark their curiosity and teach them basic principles of science in a hands-on way. They'll engage with concepts like chemical reactions, states of matter, the laws of physics, and biology, while developing skills like problem-solving, critical thinking, and teamwork.

Y-Wild and Free!

- This week is dedicated to exploring the wonderful, diverse world of animals. From wild creatures in the jungle to pets at home, children will learn about different species, their habitats, and how they interact with the world around them. Activities will include games, crafts, and educational experiences that help kids understand the importance of animals in our lives and ecosystems.

Y Spy

- This week is all about solving clues, uncovering secrets, and having fun while being detectives. Each day, kids will take part in different mystery-themed activities, honing their problem-solving skills and creativity. From themed crafts to detective games, every activity will tie into a larger mystery for the kids to uncover.

Y This? Y That?

- This week invites kids to ask questions about the world around them and dive deep into understanding the reasons behind everyday occurrences. Through hands-on activities, experiments, and discussions, they'll explore scientific principles, social dynamics, and personal choices—discovering how actions lead to reactions. The aim is to nurture an inquisitive mindset and critical thinking while having fun!