



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Youth Program Guide

Summer 2022 | YMCA of Cass and Clay Counties

YMCA of Cass and Clay Counties



Locations

Fercho YMCA

400 1st Ave. S, Fargo | 701.293.9622

Schlossman YMCA

4243 19th Ave. S, Fargo | 701.281.0126

Schedules



Stay up-to-date with activity area schedules and see what's going on at the YMCA! To view schedules, visit ymcacassclay.org/schedules, or scan the code with your smartphone.

Facility Hours

Monday – Friday.....5:00am – 11:00pm

Saturday – Sunday.....6:00am – 8:00pm

- Activity areas close 30min. before facility hours.
- After-hours fitness center access is available at the Schlossman YMCA every day from 4:00am - open, and from close - midnight.
- For holiday hours or activity area schedules, download our mobile app or visit: ymcacassclay.org/hours

Join Our Team!

The YMCA is always looking for dedicated individuals to join our team! Flexible scheduling, free YMCA membership, and more included! Be part of a team that makes a difference - view open positions and apply: ymcacassclay.org/jobs

Mobile App & Social Media

Mobile App: Search "Daxko" in the Apple App or Google Play store. Then, search "YMCA of Cass and Clay Counties" in the locations bar.



Follow us on social media! [@ymcacassclay](https://twitter.com/ymcacassclay)

Financial Assistance

The YMCA is for everyone! We are happy to offer financial assistance so that everyone can participate, regardless of their ability to pay. Assistance is available for programs, camps, child care, and membership. Learn more and apply at either Member Services Desk.

Volunteer Opportunities

The YMCA offers tons of opportunities to volunteer - like coaching youth basketball, helping at our food programs, serving on a committee, and more! One-time and ongoing opportunities available. ymcacassclay.org/volunteer

Program Registration

ONLINE

ymcacassclay.org/register

PHONE

701.293.9622 or 701.281.0126

IN-PERSON

400 1st Ave S, or 4243 19th Ave S, Fargo

Registration Policy: Programs will be pro-rated if participants join after the start date. Participants will not be reimbursed for missed classes after enrollment in the program. Classes are subject to change or cancellation based on enrollment.

Credit & Refund Policy: There is a \$10 charge for all credits/refunds unless the class is cancelled by the YMCA. If you apply one week before the first class meeting, a full credit, less \$10, will be given. Once class begins, no credit will be given. There will be no credits/refunds due to weather-related cancellations, for membership or for missed classes. You will need to fill out a credit/refund form, available at either Member Services Desk or online: ymcacassclay.org/forms. The form will be reviewed by the department and you will be informed of the action taken.

Insurance Notice: It is the responsibility of every individual or their parent/guardian to provide their own accident and health coverage while participating in all YMCA activities. The YMCA of Cass and Clay Counties does not provide any accident or health coverage for participants.

Non-Members: Pick up a Program Access Card at either Member Services Desk to gain access into the YMCA for your program!

SUMMER MEMBERSHIPS

May 30 – September 5
Join the Y for the summer at a special, one-time rate! Perfect for students or anyone else who's back in town for the season. \$150/person. Learn more: ymcacassclay.org/join
All ages.

Join the YMCA!

Membership Categories & Rates

Monthly Rate
via automatic bank draft

Enrollment Fee
one-time contribution

Family/Household

Up to two adults + dependents* living in the household.

\$90

\$50

Family/Household Package

Up to two adults + dependents* living in the household. Includes PlayTown.

\$114

\$50

Child Care Family Package

Up to two adults + dependents* living in the household. Includes PlayTown. Membership type exclusive to families enrolled in a YMCA Learning Center.

\$82

–

Single Adult Ages 30+

\$59

\$50

Young Adult Ages 18 – 29

\$48

\$50

Youth Ages 9 – 17

\$37

–

Senior Ages 65+

\$54

\$50

Virtual Membership Valid for your entire household. Includes access to online classes/workouts/activities and guest passes to the YMCA!

\$15

–

Additional Notes

* Includes individuals under the age of 25 or dependent adults. Individuals must be living at the same address and are dependent for care/financial assistance.

Young Adult Student discount: Full-time students pay the youth rate (\$37) if proof of enrollment (min. 12 credit hours) is provided.

A \$3 service fee will be added to your monthly draft when paying with a credit or debit card.

You may cancel your membership at any time by filling out a cancellation form. Members who draft on the 1st of the month must cancel by the 15th of the prior month. Members who draft on the 15th of the month must cancel by the last day of the prior month.

Included in Membership

Aquatic Center

Including a six-lane lap pool, small warm water pool, and zero-depth kids' pool.

Locker Rooms

Including saunas and whirlpools (Fercho)

Group Fitness Classes

We offer classes at both locations – including Zumba, Yoga, BODYPUMP™ Cycle, aquatics classes, and more!

PlayTown Drop-In Child Care

Kids ages 6 weeks – 8 years can play while their parents work out! *Included in Package Memberships only.*

FREE Programming & Perks

Including guest passes, wellness challenges, rewards programs, member appreciation weeks, and more!

Fitness Centers

Including cardio and strength equipment. After-hours Fitness Center access available at the Schlossman YMCA.

Xerzone / Play Loft / Kids Gym / Gymnastics Room

Jump, crawl, and climb in our interactive family play spaces!

Gyms, Courts, and Climbing Wall

Basketball Gyms are available at both locations. Racquetball Courts are available at the Fercho YMCA, and an indoor Climbing Wall is available at the Schlossman YMCA.

Discounts on Programs, Camps, & Offerings

Including swimming lessons, personal training, summer camp, fitness programming, youth sports, parties/rentals, and more!

Nationwide Membership & Family Wellness Access

Access other YMCAs across the country with our Nationwide Membership! Members may also visit Family Wellness, our partner facility, up to 12 times a year.



Access tons of live and on-demand fitness classes, youth activities, mind/body classes, healthy cooking tutorials, and so much more with **YMCA360**, our virtual platform!

- INCLUDED in all YMCA memberships!
- Smartphone apps, website platform and smart TV platforms available!

ymcacassclay.org/360



Questions?

Fercho YMCA: 701.293.9622 | Schlossman YMCA: 701.281.0126 | info@ymcacassclay.org



Swimming Lessons

Fercho YMCA | Ages 6 months – Adult | All levels welcome!

YMCA Swim School takes a safety-first approach to swimming lessons – focusing on small class sizes, boosting confidence in the water, building student/instructor relationships, and allowing each swimmer to progress at their own pace. We offer warm water options, year-round lessons, certified instructors, adaptive lessons for those with special needs, and more! ymcacassclay.org/swimschool

Session Dates & Details

- **Summer Session:** June 6 – August 17
- **No lessons will be held July 4.** Affected lesson prices will be pro-rated at sign-up.
- **Lessons are held once a week for 30min.**

More Information

- Lessons are offered Monday through Thursday. To view available time slots, stop by either Member Services Desk or visit us online: ymcacassclay.org/swimschool

Summer Swim Camps

Learn to swim in a fun, camp-like atmosphere! Participants swim in the same level and at the same time, Mon – Thurs for two weeks in the session of choice. Morning and afternoon times available.

June 6 – 16	June 20 – 30	July 5 – 14	July 18 – 28	August 1 – 11	Choose 9:00am, 11:00am, 3:00pm, or 3:30pm
-------------	--------------	-------------	--------------	---------------	---

Session Prices

Session Type	Lesson Type	Members	Non-Members
Summer Session	Regular Lessons	\$99/session	\$198/session
Summer Session	Private Lessons	\$396/session	\$792/session
Summer Swim Camps	Regular Lessons	\$72/camp	\$144/camp
Summer Swim Camps	Private Lessons	\$288/camp	\$576/camp

Level Descriptions

Parent/Baby Parents work with their 6–18 mo. baby on floating, submerging, hand/eye coordination, and strength through games/songs.

Parent/Child Parents work with their 19–35 mo. toddler on floating, strength, breath control for submerging, and climbing out of the pool on their own.

Guppy Children ages 3+ can begin getting comfortable in the water independent of their parents. Through patience and trust, children in this level will overcome their fear and eventually swim independently.

Starfish Encouragement and positive reinforcement help kids become more confident floating on their front and back as well as kicking across the pool on their back independently.

Froggie Children will build on independent swimming skills by swimming longer distances and transitioning from swimming on their front to their back.

Turtle Swimmers begin to define swim strokes like backstroke, front crawl, and elementary backstroke.

Otter Build skill, endurance, and confidence on swim strokes. Swimmers also learn dolphin kick, the timing of breaststroke, and will start to learn flip turns.

Seal Participants progress by strengthening butterfly and breaststroke techniques, and improving endurance by working to swim 150 yards continuously.

Shark Experienced swimmers will be able to swim multiple lengths of the pool in each of the competitive strokes: front crawl, butterfly, backstroke, and breaststroke. Swimmers will also be skilled in water safety, elementary backstroke, and sidestroke.



More Swim School Info

FREE Swim Level Assessments

Saturdays | 12:00 – 12:30pm | Fercho YMCA

We offer swim level assessments on Saturdays at the Fercho YMCA for those who are unsure of which level to register for. FREE and open to the community! Need an assessment outside of the listed time? Contact Katie at 701.364.4168 or swimschool@ymcacassclay.org to schedule.

Private Swimming Lessons

All ages/levels welcome | View days/times online

Do your kids need extra attention in the pool? Private swimming lessons are a great way to build swimming skills and confidence in the water in a one-on-one environment.

Adaptive Swimming Lessons

All ages/levels welcome | View days/times online

These one-on-one lessons are for swimmers with special needs – including autism, sensory issues, physical or developmental disabilities, and more – and are tailored towards the skills of each participant. Instructors will communicate with parents even more than usual to ensure that each swimmer is working towards an agreed upon goal.

Autism-Friendly Community Certification

All YMCA swim instructors have received Autism Friendly Community Training through the ND Autism Center, designating our Swim School as a Level Two Autism Friendly Community Partner! Our instructors are excited to be able to provide a welcoming environment for swimmers of all abilities. ymcacassclay.org/diverseabilities



Questions? Contact Katie King, Swim Lessons Coordinator,
at swimschool@ymcacassclay.org or 701.364.4168



FM Gator Swim Team

Ages 5+ | All levels welcome! | Fercho YMCA

The FM Gator Swim Team is a competitive swim program that has been part of our YMCA since 1959. Our professional coaches help swimmers improve their skills, learn to value hard work, reach for excellence, and enjoy spirited competition while making new friends and having fun. ymcacassclay.org/gators

Upcoming Season Dates & Prices

Levels	Dates	Prices
Senior - Full Season	April 25 - July 22	Members: \$292, Non-Members: \$365
Senior- Spring	April 25 - June 3	Members: \$164, Non-Members: \$205
Senior - Summer	June 6 - July 22	Members: \$172.40, Non-Members: \$215.50
Age Group - Full Season	April 25 - July 22	Members: \$244.80, Non-Members: \$306
Age Group - Spring	April 25 - June 3	Members: \$136.80, Non-Members: \$171
Age Group - Summer	June 6 - July 22	Members: \$144.80, Non-Members: \$181
Developmental - Full Season	April 25 - July 22	Members: \$184, Non-Members: \$230
Developmental - Spring	April 25 - June 3	Members: \$101.80, Non-Members: \$127.25
Developmental - Summer	June 6 - July 22	Members: \$109.80, Non-Members: \$137.25

Registration: Getting registered for Gators is easy! Because we are a YMCA team and a USA Swimming Team, there are two separate required registrations:

- YMCA | Visit either Member Services Desk, call 701.293.9622, or visit ymcacassclay.org/gators
- USA Swimming | After you're registered at the Y, visit fmgators.com to complete your registration.

Level Descriptions

Developmental Groups: Swimmers will learn the skills necessary to compete at a beginner level, including working with teammates, advanced drills, and following directions. *Participants must be able to swim 25 yards freestyle and backstroke without stopping or needing assistance.*

Age Group I and II: Age Group levels give swimmers who have progressed past the Developmental Group a positive and technically sound swim team experience. These levels challenge swimmers based on their experience, and help them to develop advanced competitive skills.

Senior Group: Senior Group levels are designed for advanced, competitive swimmers. Personalized training and coaching is given to help swimmers excel in competitive events.



Questions? Contact Erich Richardson, Swim Team Coach at 701.364.4151 or erich.richardson@ymcacassclay.org



More Gator Options

Get Started With Gators!

Have you recently passed the Otter, Seal, or Shark levels of YMCA Swim School? Or, can you swim 25 yards freestyle without stopping or needing assistance – and you're looking for more opportunities to get in the pool? We'd love to have you join the team! Try Gators for FREE for a week, or schedule a one-on-one stroke evaluation. Contact Coach Erich for more info: 701.364.4151

Pre-Swim Team

Ages 4 – 18 | Members: \$96, Non-Members: \$114

Want to join a swim team, but don't feel ready yet? Improve your skills, learn swim strokes and lap swimming, and gain comfort in the pool in Pre-Swim Team! This is the perfect low-pressure option to participate on the FM Gators team – without the commitment of a full season or competitions. *Must be able to swim 25 yards freestyle without stopping or needing assistance.*

Session 1	Session 2
April 25 – June 2	June 6 – July 21 – <i>No practice week of July 4</i>
Choose Mon/Wed or Tues/Thurs	Choose Mon/Wed or Tues/Thurs
Fercho YMCA	Island Park Pool

High School Prep Camp

Island Park Pool | Members: \$56, Non-Members: \$68

Prepare for a successful high school season, and stay fit year-round with our High School Prep Camp! High school swimmers will maintain and develop conditioning in and out of the water by learning proper techniques, skills, and more!

August 1 – 11	Mon – Thurs	4:30 – 6:00pm	Ages 12 – 18
---------------	-------------	---------------	--------------

Gator Stroke Clinic

Fercho YMCA | Members: \$53.50, Non-Members: \$67

Learn technical swimming skills from the Gator coaches! Curious about joining Gators? This is a great first step! You'll improve your skills, get comfortable in the pool, and learn what it's like to be on a swim team. *Clinic is open to youth not currently on a swim team, who can swim 25 yards freestyle and 25 yards backstroke without stopping.*

March 29 – April 21	Tuesdays and Thursdays
Grades 1 – 3, 6:00 – 6:45pm	Grades 4 – 6, 7:00 – 7:45pm



Questions? Contact Erich Richardson, Swim Team Coach, at erich.richardson@ymcacassday.org or 701.364.4151



Youth Sports & Fitness

Sports Performance

Ages 8 – 18 | Members: \$150/session, Non-Members: \$200/session
Athletes – improve strength, speed, agility, body awareness, and more! Youth will be tracked and progressed with sport-specific workouts, personalized and designed by strength and conditioning specialists. Reach peak performance and excel in your sport!
ymcacassclay.org/sportperformance

May 30 – August 17	Mon/Wed, 9:00 – 10:00am	Schlossman YMCA
May 31 – August 18	Tues/Thurs, 5:30 – 6:30pm	Fercho YMCA

Personal Training for Youth

Fercho & Schlossman YMCAs | Ages 12+ | Flexible scheduling
A certified Personal Trainer will meet with youth in one-on-one sessions to get them on track to lead a healthy lifestyle, stay active, and more! ymcacassclay.org/personaltraining

Youth Training Hour

Ages 8 – 14 | Members: \$65, Non-Members: \$80
Stay active, get on track to lead a healthy lifestyle, and get an introduction to fitness! This small-group class, led by a certified instructor, will give an intro to free weights, cardio and strength equipment, and more in a fun, safe, age-appropriate atmosphere. Youth will learn the skills needed to take their wellness journey with them wherever they go! ymcacassclay.org/youthtraining

May 31 – July 21	Tues & Thurs	Schlossman YMCA	9 – 10am
------------------	--------------	-----------------	----------

Rock Climbing Mini Camps

Schlossman | Ages 7 – 14 | Members: \$99, Non-Members: \$120
Learn climbing basics on our 32-foot indoor climbing wall! We'll learn harnessing, knots, top rope climbing, bouldering and more, with an emphasis on safety, technique and teamwork. We'll also take a trip to Camp Cormorant to challenge our skills on the outdoor ropes course and have fun exploring camp! ymcacassclay.org/climbing
Questions? Contact Ali at programs@ymcacassclay.org or 701.364.4116

June 13 – 16	June 20 – 23	June 27 – 30	July 11 – 14
July 18 – 21	July 25 – 28	August 1 – 4	August 8 – 11

Youth Exercise Concepts

Fercho & Schlossman YMCAs | Ages 12 – 14 | FREE for members
Kids can gain unsupervised access into the Fitness Center and Group Fitness Classes with this one-time course! Learn etiquette, safety, use of equipment, and more. ymcacassclay.org/exerciseconcepts



Questions? Contact Chans Brown, Fitness Director,
at 701.365.1453 or fitness@ymcacassclay.org



Safety Education

Lifeguarding Course

Fercho YMCA | Ages 15+ | Members: \$180, Non-Members: \$220

This American Red Cross course provides participants with the knowledge and skills to prevent, respond to, and care for breathing or cardiac emergencies, injuries, and sudden illnesses until emergency medical services personnel take over. Course includes a Lifeguarding certification and a First Aid/CPR/AED certification. *With this certification, you're eligible to work for the YMCA as a lifeguard! Plus, if you work for the Y, we'll reimburse the cost of the class!* ymcacassclay.org/safety

June 10 - 12 June 24 - 26 August 26 - 28

Private Group Safety Education Classes

Do you have a group of 6+ individuals and want to take a course together? We'd be happy to hold a group class, just for you! This is a great option for businesses, scout groups, church groups, and more. Classes can be held at the YMCA, or we can come to you! Available classes include CPR/AED & First Aid – both in-person and hybrid formats – and Babysitting Trainings. ymcacassclay.org/safety

Babysitting Trainings

Fercho YMCA | 9am - 5pm | Members: \$85, Non-Members: \$115

Learn everything you need to know about babysitting! Youth ages 11+ can learn to be a safe, professional sitter, and start their babysitting experience on the right foot. Pediatric First Aid/CPR Certification included. ymcacassclay.org/babysitting

June 25 July 11 - 13 (1-4pm) July 23 August 6 August 20

CPR/AED & First Aid – “Hybrid” format now available!

Fercho YMCA | Ages 15+ | Members: \$65, Non-Members: \$103

Learn to care for first aid, breathing, and cardiac emergencies. Upon successful completion of the course, you will be certified in American Red Cross Adult and Pediatric CPR/AED and First Aid. Hybrid and in-person formats available. View dates online. ymcacassclay.org/safety



Questions? Contact Max Ommen, Lifeguard & Safety Coordinator at 701.364.4126 or maxwell.ommen@ymcacassclay.org



MORE CAMP OPTIONS
Find more info about our Rock Climbing Mini Camps on the **Youth Sports** page, and more info about our Swim Camps on the **Swimming Lessons** page!

Summer Camps

Mini Camp *Half-day camp for ages 3 – 5*

Our Mini Camps are packed with activities that will keep minds sharp and little bodies moving! Kids will have a BLAST with outdoor games, swimming activities, sports activities, art projects, and more during each themed week! Learn new skills, gain independence, explore their interests, and just have fun.

Hours: 9:00am – 1:00pm **Location:** Fercho YMCA
Cost: Members: \$99 | Non-Members: \$119
Learn More: Call Ali at 701.364.4116 or visit ymcacassclay.org/minicamp

Session 1	June 6 – 9	Gymnastics
Session 2	June 13 – 16	Little Scientists
Session 3	June 20 – 23	Camping
Session 4	June 27 – 30	Under the Sea
Session 5	July 11 – 14	Music, Melodies, & Drama
Session 6	July 18 – 21	On the Farm
Session 7	July 25 – 28	Kids in the Kitchen
Session 8	August 1 – 4	Wet & Wild
Session 9	August 8 – 11	Dinosaurs

Camp Koda *Day camp for ages 6 – 12*

Meet new friends, stay active, and have a BLAST at Camp Koda! Each themed week includes adventures like swimming, crafts, outdoor play, sports, science experiments, field trips, and more. We'll also visit Camp Cormorant to experience a traditional camp atmosphere, including water activities, ropes course, horseback riding, and more!

Hours: 9:00am – 4:00pm – *Extended care available.* **Location:** Schlossman YMCA
Cost: Members: \$190 | Non-Members: \$240
Learn More: Call Ali at 701.364.4116 or visit ymcacassclay.org/koda

Session 1	June 6 – 10	STEM & Lego
Session 2	June 13 – 17	Arts & Crafts
Session 3	June 20 – 24	Sports of All Sorts
Session 4	June 27 – July 1	Harry Potter, Nintendo, & Pokemon
Session 5	July 11 – 15	Music, Melodies, & Drama
Session 6	July 18 – 22	Around the World
Session 7	July 25 – 29	Kids in the Kitchen
Session 8	August 1 – 5	Wet & Wild
Session 9	August 8 – 12	Dinosaurs
Session 10	August 15 – 19	STEM & Lego

Middle School Camp *Day camp for ages 10 – 14* NEW!

Meet new friends and get connected to the FM community! Camp includes service projects, STEM/robotics projects, outdoor games, sports, crafts, a field trip to Camp Cormorant, and more! – Session 4 participants will have an additional opportunity to take a Babysitting Training!

Hours: 9:00am – 1:00pm – *Extended care available.* **Location:** Schlossman YMCA
Learn More: Call Ali at 701.364.4116 or visit ymcacassclay.org/middleschool

Session 1: June 13 – 16	Session 2: June 20 – 23
Session 3: June 27 – 30	Session 4: July 11 – 14
Session 5: July 18 – 21	Session 6: July 25 – 28
Session 7: August 1 – 4	Session 8: August 8 – 11

Cost: Members: \$99 | Non-Members: \$120



Camp Cormorant

Camp Cormorant *Overnight camp on Big Cormorant Lake for ages 7 - 14*

14563 YMCA Lane, Lake Park MN | Nestled in the heart of Minnesota lakes country, YMCA Camp Cormorant includes cozy cabins, athletic fields, horse trails, extensive waterfront/swimming area, ropes course, and much more. Founded in 1903, Camp Cormorant provides a safe and fun opportunity for campers to grow in spirit, mind, and body.

Registration and More: For more information, including camp theme descriptions, ages, prices and registration details, pick up a camp guide at either YMCA location or visit us online: ymcacassclay.org/cormorant

Session 1 June 5 - 10

Session 2 June 12 - 17

Session 3 June 26 - July 1

Session 4 July 10 - 15

Session 5 July 17 - 22

Session 6 July 24 - 29

Session 7 July 31 - August 5

Session 8 August 7 - 12

Available Themes: Adventure, Art, Water Ski, Wilderness, Cooking, Horsemanship, Ropes Course, Fishing, and – **NEW** in 2022 – Photography!

Day Camps at Cormorant *Day camp on Big Cormorant Lake for ages 6 - 12*

Day Camps at Cormorant provide a fun experience for kids who want the adventure of Camp Cormorant, while still going home with their family each evening. Each week, youth meet new friends and have a blast in the fun atmosphere of Camp Cormorant! We'll explore activities like ropes course, archery, swimming, canoeing, sports, crafts, and more! *No transportation provided.*

Registration and More: Pick up a camp guide at either YMCA location or visit ymcacassclay.org/cormorant

Session 1 June 9 - 10

Session 2 June 13 - 17

Session 3 June 27 - July 1

Session 4 July 11 - 15

Session 5 July 18 - 22

Session 6 July 25 - 29

Session 7 August 1 - 5

Session 8 August 8 - 12

Cost: Members: \$190 | Non-Members: \$240



Scan to
download!



YMCA360

Virtual Fitness, Kids Activities, & More! | Included in YMCA Membership

We know life gets busy – Introducing YMCA360, our new online platform! Access livestream and on-demand opportunities to work out, play, learn, and more from the web, your smartphone, or smart TV. Stay plugged in to the YMCA community at home, while on the go, or any time you need. Best of all: It's included in a YMCA membership! Learn more: ymcacassclay.org/360



Adult Workouts & Wellness

- Fitness Classes & Workouts
- Meditation, Wellness, & Mind/Body Classes
- Weight Lifting Tutorials
- Nutrition Classes & Healthy Cooking Tutorials
- Specialty Content for Seniors, Cancer Survivors, & Heart Health
- Dance Classes
- and more!

Kids & Family Activities

- Kids Fitness Classes
- Sports Tutorials
- DIY STEM & Art Projects
- Kid-Friendly Healthy Cooking Classes
- Music & Performing Arts Classes
- Family Games & Activities
- and more!

Mobile apps are available on the Apple App Store and the Google Play Store – just search “YMCA360”

Apps are available on AppleTV, Roku, and AndroidTV, with more platforms coming soon.

How to Get Started *It's as easy as 1, 2, 3!*

- 1) Visit ymca360.org, or download the app on your smartphone or smart TV.
- 2) Enter your zip code and choose either the Fercho or Schlossman YMCA. Full YMCA360 access is available at both locations.
- 3) Type in your email address, YMCA Member ID number, and the verification code that will be emailed to you. That's it – you're ready to explore the platform!

Not a YMCA Member?

Get a Virtual Plus membership for just \$15/month for your whole family! Includes full access to YMCA360, facility visits, member discounts, and more! Learn more: ymcacassclay.org/join



Stay up-to-date with upcoming events by visiting our online calendar at ymcacassclay.org/events or our Facebook page: [@ymcacassclay](https://www.facebook.com/ymcacassclay)

Events & Outreach

YMCA Giving Box Project

Our Giving Box Project has a mission to support those in need by providing a package of food, a warm winter coat, or a backpack full of notebooks and crayons. In an effort to take a small burden off of those in our community who find themselves in a challenging spot, we are asking you to rally together and donate items to be distributed to our neighbors in need. Learn more about current and seasonal collection items online: ymcacassclay.org/givingbox

Sunday Fun Day

Sunday | 2:00 – 5:00pm | Fercho YMCA | All ages

Don't spend your day on the couch – join us for family fun at the Y! We'll have open play time in the Gymnastics Room, Aquatic Center, Kids' Gym, Basketball Gym and more. FREE for members! Non-members: pay just \$15/family, a discounted rate, when you come play with us! ymcacassclay.org/events

Summer Food Program

FREE!

As part of our Summer Food Program, meals are distributed FREE of charge to children ages 18 years and younger at many area locations! Distribution is open to the community, with no eligibility requirements. Stay tuned to our website for distribution times, dates, locations, addresses, and more: ymcacassclay.org/foodprograms

Birthday Parties & Rentals

The Y is a great place to bring any group, large or small. Host birthday parties, youth group, scouts, family reunions, weddings and more at the Fercho YMCA, the Schlossman YMCA, or Camp Cormorant! Birthday party packages available. See all options and pricing online: ymcacassclay.org/rentals

Sensory-Friendly Pool Party

FREE!

June 27 | 5:00 – 7:00pm | Fercho YMCA | All Ages

We're partnering with the ND Autism Center for a Sensory-Friendly Pool Party, FREE and open to the community! The sound system will be turned off in the Aquatic Center to provide a sensory-friendly environment. Swim instructors will be available to have fun with kids in the water, to explain our adaptive swim program, and give a taste of YMCA Swim School for interested individuals. ymcacassclay.org/events



Questions? Contact our team at 701.293.9622 or view our event calendar: ymcacassclay.org/events



Early Learning Centers

6:30am - 6:00pm | Monday - Friday | Financial Assistance Available! | ymcacassclay.org/elc

About Our Early Learning Centers

YMCA Early Learning Centers offer year-round, licensed care for children ages six weeks through five years. Our curriculum is aligned with ND Early Learning Guidelines to help children learn quickly with fun, hands-on activities, creating a smooth transition into school. Learn more about our registration process on the opposite page. See available openings and learn more online: ymcacassclay.org/elc



Questions? Contact us at 701.364.4117
or enroll@ymcacassclay.org

	Infant	Toddler	Half-Day Preschool (Kindergarten Readiness)	Full-Day Preschool	School Age
Early Learning Centers	6 wks - 18 mo	18 mo - 3 yrs	Ages 3 - 5	Ages 3 - 5	Grades K - 5
Calvary YMCA	●	●		●	●
Fercho YMCA	●	●		●	●
Schlossman YMCA			●	●	●
South YMCA	●	●		●	●
West Fargo YMCA	●	●		●	

Infants 6 weeks - 18 months

Our programs strive to attain harmony with your infant's home schedule, and we work with families to establish eating and sleeping routines for your child. Infants learn through active, hands-on play. Our classrooms allow babies to move freely in a safe space while exploring objects, interacting with caregivers/peers, and experiencing sensory stimulation – a key to learning.

Toddlers 18 months - 3 years

In our Early Learning Centers, we provide guidance as toddlers develop new skills, interact with their peers, gain independence, and master milestones. We spend time exploring the block area, science center, or art station, and children go outside daily for gross motor play. In addition, toddlers hear plenty of stories and songs that foster their language development.

Preschool 3 - 5 years

YMCA Preschool provides an educational experience designed to give kids skills that will build a foundation for school readiness. We learn letter, shape and color recognition, with an emphasis on the use of writing tools, language development, and social skills. We also have fun and learn with art projects, outdoor play, dramatic play, and more! Full- and half-day preschool options available.



New Family
Registration opens
March 16 for
summer care at our
School Age & Early
Learning Centers!

School Age Learning Centers

6:30am – 6:00pm | Monday – Friday | Financial Assistance Available! | ymcacassclay.org/schoolage

About Our School Age Learning Centers

Our School Age Learning Centers offer quality, licensed programming for grades K-5, including reading, STEM, music/drama, arts/crafts, physical activity, character development, outdoor play, and time with friends. Best of all, our centers are located right in your child's school or local YMCA! We have many locations in the Fargo, Moorhead, and West Fargo area – and transportation is provided to many sites. Full or part time options available! View a full site listing, see available openings, and learn more online: ymcacassclay.org/schoolage

Online Child Care Registration

We're excited to offer an online registration process for all child care programs, including our Early Learning and School Age Learning Centers! Getting registered is as easy as 1, 2, 3:

- 1) Visit ymcacassclay.org/childcaresites
- 2) Scroll down to the site you're interested in. Click the "Learn More" button.
- 3) Click the blue "Registration" tab. Once it opens, click the green "Start Registration" button.



Questions? Contact us at enroll@ymcacassclay.org
or 701.364.4117 ymcacassclay.org/schoolage

Top 5 Features of YMCA Learning Centers

- 1 We employ qualified teachers who want to be at the YMCA every day.
- 2 We serve nutritious meals and snacks with no added sugar and lots of fruits and vegetables.
- 3 Our programs provide activities to support school success.
- 4 We offer access to financial assistance programs.
- 5 We provide transportation to and from most area schools and select YMCA programs.



YMCA of Cass and Clay Counties

Fercho YMCA: 400 1st Ave. S, Fargo | Schlossman YMCA: 4243 19th Ave. S, Fargo | ymcacassclay.org



A place where everyone belongs.

Established in 1886, the YMCA of Cass and Clay Counties is a non-profit community service organization that works side-by-side with our neighbors to ensure that everyone, regardless of age, income, or background, has the opportunity to learn, grow and thrive.